



Riverside Garden Centre



Essential Trading Co-operative



Bathford Village Shop Co-operative



Cube Cinema

Directory of local Co-operatives Bristol Area 2008/9

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The **co-operative** fund





CDA: Promoting the relevance and importance of co-operative businesses within the local Economy.

Providing specific co-operative development advice and assistance to enable people to establish new successful co-operative businesses and to encourage growth of existing co-operatives within the Bristol and West of England area.

Start up advice including:

- Feasibility assessment
- Appropriate legal structures
- Incorporation service using nationally recognised model rules
- Business planning
- Raising finance

Existing Enterprise Consultancy:

- Employee buyouts
- Conversions to co-operative structures (incl. Co-op Community Interest Companies)
- Ongoing business planning
- Raising finance
- Management consultancy
- Performance Improvement (incl. C3 PERform)
- Governance & collective management training

www.avoncda.coop

Produced by design146 in association with CDA (BRAVE Ltd).
For design146: Andy & Emma Carroll. For CDA: Shereene Amer & Hilary Sudbury.

Local Co-operative Directory 2008/9

Welcome to this year's local co-operative directory produced by the CDA (BRAVE Ltd). The South West region has always had a strong history of innovation and provides a fertile climate for co-operative enterprises.

Co-operatives and Mutual organisations are different from any other business - they are organised solely to meet the needs of their member owners. As well as financial success they see the way they run their businesses as achieving an end in itself – benefiting their members (workers, tenants, consumers etc) and the communities they serve. The South West Co-operative sector employs over 18,000 people and turns over in excess of £2 Billion.

Employee owned co-operatives have grown in popularity over the last twenty five years or so and are becoming ever better known in across all sectors of business. Housing co-operatives provide an increasingly important element of the UK's social housing market. Co-operative consortia can offer great benefits to groups of businesses or individuals to enhance their trade or reduce costs by working together on key activities such as leasing premises, buying equipment or marketing the members' products and services.

For more information about starting a co-operative call the CDA on 0117 989 2536 or check us out on www.avoncda.coop

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01 Art & Design

ART AND POWER (COMMUNITY ARTS PROJECT) LTD

Art & Power is a Bristol-based group of disabled artists working together for change. Art & Power is based on a shared belief in the power of art to transform lives. Our projects give voice to those who are often excluded and devalued. Art & Power is not just for disabled people but for everyone who wants to use work with us to create a more vibrant and inclusive community. Art & Power is for everyone who thinks that the arts can help create a more equal society – we have opportunities for artists, volunteers and supporters and encourage everyone to get involved.

We want everyone to have some Art & Power in their lives. Art & Power offer a high quality service of arts and education projects including arts apprenticeships and a professional arts scheme in performance, creative writing and visual arts.

Not sure if it is for you? Try our Taster days and Workshops; it may help you to understand what Art & Power is all about. Find out your own voice and confidence to learn to take control. We are interested in you, your skills, your talents, your ideas, and your prospects. You decide, we support.

Contact: Martin Richmond, Spike Island, 133 Cumberland Road, Bristol, BS1 6UX
Tel: 0117 946 8630
email: info@artandpower.com
website: www.artandpower.com

ARTSPACELIFESPACE

The Artspace Lifespace project seeks to provide workshop and rehearsal space for artists and performers, access to recycled materials and equipment, protection to vulnerable and problem properties and to support community and charitable organisations. It is our policy and commitment to maintain and leave a property in better condition than it was found, leave on time and in accordance with the wishes of the owner and improve the image

of the property within the local community.

Contact: James Frances, The Island Silver Street Gate, Broadmead, Bristol, BS1 2PY
Tel: 0117 3250169
email: info@artspacelivespace.com
website: www.artspacelivespace.com

ATTIC FUSION THEATRE CO-OPERATIVE LTD

Contact: info@atticfusion.co.uk
email: info@atticfusion.co.uk
website: www.atticfusion.co.uk

BATH FRINGE LTD

See full listing under: LEISURE

BLAZE STUDIOS

Blaze, which opened in December 2002 is the unique combination of studio workshops and gallery outlet, situated in central Bristol. Blaze consists of six artists: ceramicists Hanne Rysgaard, Hannah Turner and Natsu Nishimoto, textile artist Erin Hensley, lampwork Jeweller, Georgina Black and Jeweller, Hannah Currant. Blaze provides its members with shared workshop facilities, a creative group environment and the opportunity to sell work straight from the premises in a gallery setting. The individual work of the members is continually showcased and spans a wide range of approaches and techniques. Blaze also features special work from established, as well as up and coming artists, in a variety of mediums.

Opening times: Tuesday - Saturday 10.30am - 5.30pm

Contact: Hanne Rysgaard, 84 Colston Street, Bristol, BS1 5AZ
Tel: 0117 904 7067
email: blazestudio84@googlemail.com
website: www.blazestudio.co.uk

CENTRESPACE GALLERY

Centrespace Gallery is an independent exhibition space to rent in the heart of Bristol, next to the historic city walls. The ethos of the gallery is to show fresh and interesting work, with a preference for encouraging up and coming artists. If you are interested in holding a solo or group show, would

like to view the space, or request further information please contact us on the details below.

Contact: Committee Members, 6 Leonard Lane, (off Corn Street), Bristol, BS1 1EA
email: info@centrespacegallery.com
website: www.centrespacegallery.com

CENTRESPACE STUDIOS CO-OPERATIVE

Centrespace began life as Bristol Craft & Design Centre in 1977 when an old printing works in the heart of the city was converted into studios. Within the centre, managed co-operatively by its tenants, are 25 individual businesses covering a wide spectrum and high standard of creative skills - ceramics, graphic design, textiles and fashion, illustration, jewellery, modelmaking, animation, painting, photography, sculpture, upholstery, woodcarving and furniture design. In 2001 Centrespace expanded its interests to include a gallery space. Please see under separate directory listing for details. Centrespace welcomes your enquiries.

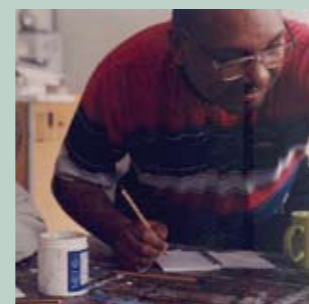
Contact: Kate Shrubsall, 6 Leonard Lane, off Corn Street, Bristol, BS1 1EA
Tel: 0117 929 1234
email: centrespace@poland.co.uk

CIRQUE IDYLIC

Cirque Idyllic was formed in Autumn 2002. A collaborative collective of 12 artists and technicians emerging from diverse specialities, including new circus, radical theatre and music. Sharing a passion for burlesque style performance and renewable energy powered productions. The company

Types of Co-operatives:
Arts and Crafts

There is a long tradition of independent artists and crafts-people coming together to form co-operative consortia to sell products, often pooling resources to lease or buy premises or to market their goods.



has a DIY ethos, preferring to tailor make what they need, be it music, costumes or technical kit. Wherever possible they use reclaimed and recycled materials. Every member of the company has a creative voice and works with a director, but everyone takes part in the devising process.

Contact: Nix Barnaville, Nibley Mill Cottage, Hope Road, Nibley, Nr. Yate, BS37 5JH
email: cirqueidyllic@yahoo.com

DK CO-OPERATIVE

DK Co-operative make high art prints on paper and canvas. Using cutting edge technology we photograph original art work and create beautiful prints to your specified size. They can also print directly from supplied image file. Other services offered include photographic documentation of museum collections and graphic design for a range of clients.

Contact: Katherine Cockshaw, Hall Floor, 22 York Road, Montpelier, Bristol, BS6 5QE
Tel: 01225 333177
email: kath@fapc.co.uk
website: www.fapc.co.uk

FOREST OF AVON WOOD PRODUCTS CO-OPERATIVE

See full listing under: GOING GREEN

GREEN ARTS NETWORK

Green Arts Network Co-operative Limited supports the work of creative practitioners, working to build sustainable communities. Green Arts Network works in partnership with organisations

(for example, Festival of Nature and Bristol Friends of the Earth,) bringing participatory events to people in public spaces. The new Co-op encourages a diverse membership of people and organisations to join.

Contact: Jim O'Shaunessy, 43 Allington Rd, Southville, Bristol, BS3 1PT
Tel: 0117 9664318
email: jim.os@blueyonder.co.uk

GYNORMOUS RAWKUS

A group of artists working with communities to create arts events. Set up as a collective, the group specialise in carnival processions and giant puppetry. The range of services includes working in social contexts such as adventure playgrounds, community centres and schools' exclusion units. Gynormous Rawkus also offers commission and workshops for giant making, 3D model making, mask making, willow sculpture, giant puppet performance and festival co-ordination.

Contact: Dee Moxton, email: Deemoxon@bigfoot.com

HERE SHOP

Anyone can get involved with the here shop and gallery. Here formed during Ladyfest 2003 by local artists who wanted to do more with one of Stokes Croft's empty shopfronts. The gallery curates groundbreaking exhibitions from local and international artists, whilst the shop sells art, music, comics, zines, clothes, toys and more. Volunteers are always welcomed, and after six months are invited to join our Co-operative.

Contact: Ben O'Leary, 108 Stokes Croft, Bristol, BS1 3RU
Tel: 0117 942 2222
email: shop@thingsfromhere.co.uk
website: www.thingsfromhere.co.uk

ONCE

Exploring and making the day to day and the extraordinary of our lives, Once uses varied art forms to create bespoke projects, interventions, performances, secular ceremonies and events. Often reaching into areas traditionally perceived beyond the realm of the arts, Once provides practical roles for artists to contribute to and



Blaze Studios

support our ever changing lives and environments. From Youth art in the park or the naming of a child, to celebration of a river, Once responds to commissions and develop their own programme.

Contact: Rebecca Gee, 300 North Street, Bedminster, Bristol, BS3 1JU
email: info.once@gmail.com
website: www.once.uk.com

OUT OF PRINT CARDS

Out of Print cards is a co-operative publishing business. Local artists publish their art work in card form, and these are distributed through shops and galleries. We sell cards and specialise in transparency prints of stained glass art work.

Contact: Steve Heigham, 25 Narrowways Road, St Werburghs, Bristol, BS2 9XB
Tel: 0117 955 9991
email: stevenarrowways@lineone.net

POTTERS

See full listing under: SHOPPING WITH A DIFFERENCE

SNAP

SNAP Studio is an exciting new venture, set up by 8 Bristol based artists and designers. In the gallery you will find a diverse mixture of printed works, from screen prints,

ensures that anyone who has an interest can master printmaking techniques. At the same time many of its members are artists and the facilities and expertise on offer allow them to be experimental and innovative in a way that would not be possible if working in isolation. SIP benefits from an active exchange with other Spike artists as well as with those working in the wider community and abroad. New artists are fostered through a programme of bursaries for graduates and there is an ongoing programme of international residency artists.

SIP provides studio space for fine art printmaking, facilities for etching, relief, screen printing and a digital darkroom. It currently has 135 members, which continues to rise steadily, and key holders have 24 hour access to the studio.

Contact: Irena Czapska, 131 Cumberland Rd, Bristol, BS1 6UX
Tel: 0117 9290135
email: spikeprint@btconnect.com
website: www.spikeprintstudio.org

STEAL FROM WORK

Steal From Work is an artist run co-operative that both curates and produces contemporary art shows and produces its own art.

Contact: Jonathan Boyle, 27 Bruce Avenue, Greenbank, Bristol, BS5 6EF
email: stealfromwork@gmail.com
website: www.stealfromwork.org

STOKES CROFT STUDIOS

Stokes Croft Studios is an artists' co-operative, which has been on the top floor of 77-79 Stokes Croft for over 20 years. We provide light, spacious and affordable working space for 16 artists. Current tenants work in paint, print, glass and sculpture. The studio is near the city centre, and a valuable base for local artists. They open at least once a year to the public to show their work and to provide an opportunity for sales and networking.

Contact: Megan Boyd, 77-79 Stokes Croft, Bristol, BS1 3RD
Tel: 0117 924 6832 studio
email: meganthomasart@hotmail.co.uk

relief prints, artists' books, textiles and greetings cards, much of it produced on the premises. Snap offers it full members a permanent studio space, and unlimited access to the print workshop and print facilities. All full members' work is on continuous show at the SNAP gallery, and collections are also exhibited at various other venues and art fairs. Snap offers introductory courses in screen printing and bookbinding, to novices, artists, families and the just plain interested. SNAP look forward to opening its workshop space to associate members in the near future. The 8 SNAP artists are David Abbott, Frea Buckler, Alice Coutin, Freya Cumming, Tortie Rye, Rob Hunter, Simon Tozer and Lucie Sheridan.

Contact: Frea Buckler, 20-21 Lower Park Row, Bristol, BS1 5BN
email: snap@snapstudio.org.uk
website: www.snapstudio.org.uk

SPIKE PRINT STUDIO

Established in 1976, Spike Island Printmakers is based at Spike Island, an international centre for contemporary art, and is housed in a converted tea-packing warehouse. SIP is the largest open access studio in the SW and an active educational programme

02 Boat Building & Repairs

THE SLIPWAY CO-OPERATIVE LTD

The Slipway Co-operative provides boat building and joinery services at Underfall Yard in Bristol's harbourside.

Contact: Win Cnoops, Underfall Yard Cumberland Road, Bristol, BS1 6XG
Tel: 0117 9079938
email: wcnops@blueyonder.co.uk
website: www.slipwaycooperative.co.uk

03 Business Services

A CLEAN SWEEP CO-OPERATIVE LTD

See full listing under: CLEANING

BAKER BROWN ASSOCIATES

See full listing under: HELP FOR CO-OPERATIVES

BATH CAR SHARE CLUB LIMITED

See full listing under: GETTING AROUND

BATH PARADE GUIDES

See full listing under: LEISURE

BEAUFORT BUREAU LTD

Established since 1992, we offer a wide range of office services, from photocopying to temporary staff, at extremely competitive rates. We provide computer courses tailored for individuals and groups, and are members of the CVS Learning Provision and Support Network. The Bureau is practised in organising and facilitating community events such as Wellbeing Days. We are also skilled in Mystery Shopping and Telephone Survey Services. Individuals can receive unbiased careers service information and advice at a reasonable cost from staff qualified in Advice and Guidance.

Contact: Jenny Harris, Tel: 01454 238411
email: beaubureau@aol.com

BRISTOL IT CO-OP

The members of Bristol IT co-op have a lot of experience in delivering IT solutions in a voluntary sector environment. We offer a low cost consultancy that hopefully results in clients feeling confident about using and maintaining the systems and hardware they acquire through their association with us. This combined with training aimed specifically at voluntary sector professionals hopefully offers you a unique opportunity to take advantage of new technologies at a much lower cost than has been previously available commercially.

Contact: Sean Kenny, 44 Langton Park, Southville, Bristol, BS3 1EQ
email: info@bitcoop.co.uk
website: www.bitcoop.co.uk

COOPERATIVE DEVELOPMENT AGENCY (BRAVE LTD)

See full listing under: HELP FOR CO-OPERATIVES

CO-OPPORTUNITY LTD

See full listing under: HELP FOR CO-OPERATIVES

ECOSULIS

See full listing under: GOING GREEN

IAP SERVICES LTD

IAP Services Ltd is a workers co-op established in 1998 and owned and run by local IT professionals. Its members' skill base includes web site development, client server computing, database design, hardware supply and custom upgrades. We specialise in the supply of computer hardware and software packages to children in foster care and also for children with learning difficulties and disabilities, and provide training and support. We also set up and maintain small office networks.

Contact: Marcus, Yate Campus, 10 North Road, Yate, South Glos, BS37 7PA Tel: 0117 944390
email: marcus@iapuk.biz
website: www.iapervices.co.uk

JIGSAW CATERING CO-OPERATIVE

See full listing under: FOOD, EATING & DRINKING

TURO TECHNOLOGY LLP

Turo Technology provides a host of services ranging from website design, programming, online shops, library catalogues, email and server management services, telephone services and consultancy work. For more information please contact.

Contact: MJ Ray, 36 Orchard Close, Kewstoke, Weston super mare, BS22 9XY
Tel: 0844 4437 237
email: info@ttltp.co.uk
website: www.ttltp.co.uk

04 Cleaning

A CLEAN SWEEP CO-OPERATIVE LTD

A Clean Sweep Co-operative is an office cleaning company set up to create opportunities for people with a disability to work. Established over 10 years ago, Clean Sweep specialises in small office cleaning contracts, offering excellent service and excellent rates.

Contact: Debbie Curwen, Room 8, Unit 11, The Vassall Centre, Gill Avenue, Fishponds, Bristol, BS16 2QQ
Tel: 0117 9655623

HOUSEPROUD (SERENDIPITY CO-OP LTD)

Their professional teams will make your house sparkle. Just call them and a uniformed team will arrive at your home together with their equipment and materials. Their professional system will clean your home quickly and efficiently. Most customers have the service on a regular basis. It can be weekly, fortnightly or whatever suits you. Some jobs can be quoted for on the telephone but, if you prefer, someone will visit your home to discuss your requirements. Their teams are fully trained and, for your peace of mind, they are also insured against any accident in your home.

Contact: Esther Bowes, Nelson Court, 1-3 Nelson Road, Staple Hill, Bristol, BS16 5HX
Tel: 0117 970 8065

05 Food, Eating & Drinking

AVON COUNTRY MARKET SOCIETY LIMITED

Contact: AVON COUNTRY MARKET SOCIETY LIMITED, W.I. House, 11 Station Road, Keynsham, Bristol, BS18 2BH
Tel: 0117 986 4782

BATHFORD ENTERPRISE FOR ALL (BEFA) LTD

See full listing under: SHOPPING WITH A DIFFERENCE

BRISTOL FOLK HOUSE CO-OPERATIVE LTD

See full listing under: LEARNING

CAFÉ KINO

At Café Kino we specialise in creating delicious quality vegan and vegetarian food at affordable prices. Pop in during your lunch break to snack on our delicious selection of hot and cold snacks, beverages, and salads to eat in or take out. Or try something from our tempting menu of hot meals and daily specials in a unique and relaxed atmosphere, complete with three working fireplaces, great music and friendly service. With our late night opening hours at weekends, it's the perfect place to unwind, meet with friends and dine in style. Café Kino is also fully licensed and offers a range of vegan wines and beers.

Our walls regularly feature work by talented contemporary artists and our community ethic means that our facilities are available to local groups for workshops, meetings and events. Café Kino is a not for profit workers co-op. Where possible we try and source all our ingredients from organic, fair trade and locally produced suppliers. All our food is free from all animal ingredients, which means there is a mouth-watering selection to suit all tastes.

Contact: Rosie Hadrill, 3 Ninetree Hill, Stokes Croft, Bristol, BS1 3SB
Tel: 0117 9249200
email: eat@café-kino.com
website: www.café-kino.com

Types of Co-operatives:

Food and agriculture

There are over 400 agricultural co-operatives in the UK with a collective turnover of £4.6 billion. Many are large co-operative consortia set up to enable members to share machinery or production costs, but there are many small scale farmers and market gardens that co-operate with one another or who operate as worker co-operatives. There are also a huge number of local food co-operatives and buying groups, some to enable access to fresh food for poorer communities, others to access organic, wholefoods or free-range foods, and others help farmers gain a fair livelihood.



CO-OP GROUP (CWS LTD)

See full listing under: SHOPPING WITH A DIFFERENCE

ESSENTIAL TRADING CO-OPERATIVE LTD

Essential Trading is a local worker co-operative established in 1971. Essential wholesales, manufactures and distributes organic Wholefood across the UK and beyond. It sells over 5,700 lines of healthy options, quality nutrition and ecological products - Food You Can Trust. With a turnover of approximately £12 million and employing around 85 people Essential is one of the largest successful worker co-operatives in the UK. Essential Trading is Fair Trade, Vegetarian, Vegan, Organic and GMO Free.

Contact: Ian Eastwood, Unit 3 Lodge Causeway Trading Estate, Fishponds, Bristol, BS16 3JB
Tel: 08454580201
email: contact-us@essential-trading.coop
website: essential-trading.coop

FARMHOUSE CHEESEMAKERS LIMITED

Farmhouse Cheesemakers is a group of farmers in the South West who share a passion for the traditional art of cheesemaking. All their cheeses are handmade on the farm, using milk from their own herds. Their cheddars have been awarded Protected Designation of Origin (PDO) status. They also

offer a range of territorial cheeses with their Double Gloucester, Red Leicester and Cheshire.

Contact: Marilyn Wood, Bath & West Showground, Shepton Mallet, BA4 6QN
Tel: 01749 345055
email: info@farmhousecheesemakers.co.uk
website: www.farmhousecheesemakers.co.uk

FOOD FOR ALL - HARTCLIFFE FOOD CO-OPERATIVE

Food For All sell organic wholefoods, fairtrade goods, organic fruit and vegetables and as much local food as they can get our hands on. They are a not-for-profit organisation and aim to keep prices low in order to make healthy food affordable. Food For All welcome new customers from anywhere. Local residents and people who work in the BS13 area can also join our co-operative and get 10% off. Open mon-fridays 10-2.30pm. Ordering system available as well.

Contact: Zoe Templar, Unit 4, The Gatehouse Centre, Hareclive Road, Hartcliffe, Bristol, BS13 9JN
Tel: 0117 964 7228
email: rhian.evans@hheag.org.uk

FOUNDATION FOR LOCAL FOOD INITIATIVES (f3)

f3 provides specialist research, training and consultancy services to organisations and enterprises involved in local and sustainable food initiatives. f3 is a not for profit, co-operative company comprising

leading experts with UK and international experience.

Contact: Simon Michaels, PO Box 1234, Bristol, BS99 2PG
Tel: 0845 458 0060
email: mail@localfood.org.uk
website: www.localfood.org.uk

HARVEST NATURAL FOODS (BATH)

See full listing under: SHOPPING WITH A DIFFERENCE

HARVEST NATURAL FOODS (BRISTOL)

See full listing under: SHOPPING WITH A DIFFERENCE

JIGSAW CATERING CO-OPERATIVE

Jigsaw Catering Co-op is a company offering training and employment to people with a learning difficulty. Jigsaw operates four cafes across Bristol where people are given initial training, on-the-job support and employment before being given guidance on moving into other employment.

Jigsaw offers a full range of catering services, buffets, catering for special occasions, training days etc.

Contact: Keith Bates
Tel 0117 902 4823
Email: keithbates@blueyonder.co.uk

KEBELE COMMUNITY CO-OPERATIVE LIMITED

See full listing under: HOUSING AND NEIGHBOURHOOD CENTRES

LONDON ROAD FOOD CO-OP

We provide: organic veg box scheme; locally grown £6.00 and £12.00 organic veg box scheme; organic fruit and locally produced veg; locally produced organic eggs; locally baked organic bread; fruit juices, tea, coffee, nuts, pulses, flour and dry goods etc.

Your support will enable us to buy in bulk = cheaper food! Open every Wednesday 4.00pm - 7.00pm

Contact: Steve Jones, Riverside Community Centre, York Place, London Road, Bath, BA1 6AE
Tel: 07837784715

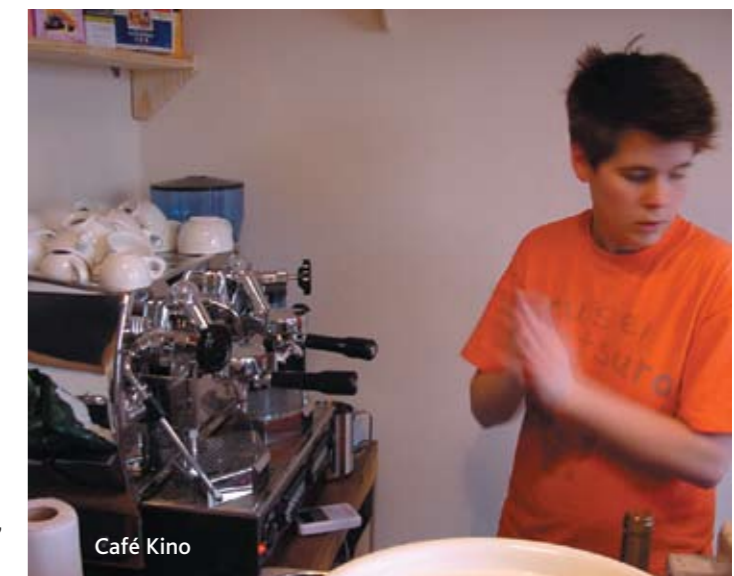
ORGANIC MILK SUPPLIERS CO-OPERATIVE LIMITED (OMSCO)

Organic Milk Suppliers is a co-operative of over 370 organic dairy farmers producing organic milk for the majority of the UK.

Contact: Rosie Palmer, 501 Parkway, Worle, Weston super Mare, BS22 6DA
Tel: 01934 511115
email: rosie.palmer@omsc.co.uk
website: www.omsc.co.uk

RADSTOCK CO-OPERATIVE SOCIETY

See full listing under: SHOPPING WITH A DIFFERENCE



06 Getting Around

BATH PARADE GUIDES

See full listing under: LEISURE

BRISTOL STREAMLINE TAXIS LTD

Bristol Streamline Taxis offers private hire vehicles and taxis, available 24 hours seven days a week. Distance no problem, with wheelchair accessible cars, Airport meet & greet service, 6 seater and executive cars available or 16 seater minibus. Centrally based.

Contact: BRISTOL STREAMLINE TAXIS LTD, Jubilee House, Princes Wharf Wapping Road, Bristol, BS1 4RW
Tel: 0117 926 4001
email: admin@bristolstreamlinetaxis.com
website: www.bristolstreamlinetaxis.com

CAR SHARE CLUB LIMITED

City Car Club provides a pay as you drive car sharing service. Their fleet of cars are available for hire by the hour and are inclusive of fully comprehensive insurance, road tax, servicing, valeting and 50 miles of fuel per day. City Car Club takes the hassle out of car ownership and you only pay for the car when you actually use it!

Contact: Richard Drew, City Car Club, 86 Colston Street, Bristol, BS1 5BB
Tel: 0845 258 2989

07 Going Green

CAR SHARE CLUB LIMITED

See full listing under: GETTING AROUND

CO-HOUSING BRISTOL

See full listing under: HOUSING AND NEIGHBOURHOOD CENTRES

EASTSIDE ROOTS

See full listing under: IN THE GARDEN

ECOSULIS

Ecosulis Limited offers specialist ecological consultants and surveyors, landscape planting and habitat creation, bat, newt, reptiles (all species), badger, water vole,

otter and white-clawed crayfish surveys, impact assessment & mitigation, wildlife licenses and legislation. Ecosulis also specialise in Arboriculture and countryside management. It has been an ecology provider since 1990 and operates under ISO 9001 & 14001. Special offers and free continued professional development available.

Contact: Cain Blythe, The Rickyard, Newton St Loe, Bath, BA2 9BT
Tel: 01225 874040
email: cain@ecosulis.co.uk
website: www.ecosulis.co.uk

FOREST OF AVON WOOD PRODUCTS CO-OPERATIVE

Beautiful and innovative products made by hand from sustainably source local timber. Woodland produce from sustainably managed woodlands. A co-operative of local woodmakers, designers, craftspeople and woodland enterprises. Products and services include:

- Fine and rustic furniture for the home and garden
- Furniture and fittings for businesses and public spaces
- decorative and gift items
- timber and woodfuels
- coppice products
- charcoal
- carpentry and timber buildings
- training and workshops
- woodland management services

Whenever you buy Forest of Avon products, you are supporting and contributing to the sustainable development and conservation of local woodlands and the local economy.

Contact: Nick Sneller, Bower Ashton Woodyard, Kennel Lodge Road, Long Ashton, Bristol, BS3 2JT
Tel: 0117 966 4432
email: info@forestofavonproducts.co.uk
website: www.forestofavonproducts.co.uk

GREEN ARTS NETWORK

See full listing under: ART & DESIGN

KEBELE COMMUNITY CO-OPERATIVE LIMITED

See full listing under: HOUSING AND NEIGHBOURHOOD CENTRES

LONDON ROAD FOOD CO-OP

See full listing under: FOOD, EATING AND DRINKING

ORGANIC MILK SUPPLIERS CO-OPERATIVE LIMITED (OMSCO)

See full listing under: FOOD, EATING AND DRINKING

WOODLAND CO-OP LTD

Set up in October 2002 after much enthusing & discussion, the Woodland Co-op Ltd is a non-profit making organisation (currently 5 founder members) whose goal is to buy and lease land to be used for sustainable projects such as organic vegetable growing, green woodworking, coppicing, planting orchards etc. They obtained 24 acres of mixed pasture / woodland in December 2003 and have so far planted 2500 deciduous trees & shrubs. Situated in Carmarthenshire Coed Panteg is a parcel of ex-farmland.

Contact:
website: www.coedpanteg.org.uk

08 Health & Wellbeing

HARVEST NATURAL FOODS (BATH)

See full listing under: SHOPPING WITH A DIFFERENCE

HARVEST NATURAL FOODS (BRISTOL)

See full listing under: SHOPPING WITH A DIFFERENCE

NEALS YARD REMEDIES (BATH) CO-OPERATIVE LTD

See full listing under: SHOPPING WITH A DIFFERENCE

OPENINGS

We are a co-operative of over 19 psychotherapists and counsellors, who offer a wide choice of therapeutic approaches within a shared set of values. Established in 1985 and becoming a co-operative in 1998, Openings hold a special energy enfolded in its history associated with the healing springs of Bath. We are situated in the heart of Bath, within easy walking distance

of the Railway and Bus stations. Our clients include adults, children, couples, groups and families. Spacious facilities are available for weekend workshop corporate or private hire. Very competitive rates. Contact us for further information and a brochure.

Contact: Co-op Members, Bluecoat House, Saw Close, Bath, BA1 6EY
Tel: 01225 445013
email: openings.bath@talk21.com
website: www.openingsbath.org.uk

ORGANIC MILK SUPPLIERS CO-OPERATIVE LIMITED (OMSCO)

See full listing under: FOOD, EATING AND DRINKING

09 Help for Co-operatives

AVON & BRISTOL CO-OPERATIVE FINANCE LTD (ABCF)

ABCF, a loan fund, now managed by Co-operative and Community Finance. It aims to provide an accessible source of loan finance to new start and trading co-operatives and community businesses in an approachable, supportive and affordable manner. It provides this service to businesses located in the Bristol, Bath, North Somerset and South Gloucestershire areas.

Over the years ABCF loan service has provided in-depth appraisals of loan applications, which have often helped to secure further loan finance from other lenders. Having secured a loan our clients receive a unique business support service through external performance monitoring visits and business advice. We have helped many well-known and respected co-operative businesses in the area, including Essential Trading co-operative, The Cube, Neals Yard Remedies (Bath), and Riverside Garden Centre. With a range of loans available from £2,000 to £75,000 (up to £25,000 for newly started businesses), and with interest rates being competitive with high street lenders, ABCF is a unique locally owned resource for loan finance and business support waiting to be used. For full details of terms and criteria, as well as an

application form:

Contact: Alain Demontoux, Brunswick Court, Brunswick Square, Bristol, BS2 8PE
Tel: 0117 9166750
email: info@co-opandcommunityfinance.coop
website: www.avoncda.coop/abcf

BAKER BROWN ASSOCIATES

Baker Brown Associates is a research and development practice specialising in business strategy, innovation and training for the third sector. It also offers editorial services to voluntary and community organisations preparing reports, reviews and other forms of publications.

Contact: Jim Brown, 31 Ambrose Road, Bristol, BS8 4RJ
Tel: 0117 925 0824
email: enquiries@bakerbrown.co.uk
website: www.bakerbrown.co.uk

BEAUFORT BUREAU LTD

See full listing under: BUSINESS SERVICES

BRISTOL IT CO-OP

See full listing under: BUSINESS SERVICES

BRISTOL WIRELESS

See full listing under: MEDIA AND PERFORMANCE

CO-OPERATIVE AND COMMUNITY FINANCE

Co-operative & Community Finance – the lender for social purpose. Co-operative & Community Finance moved its head office to Bristol in June 2006. Founded in 1973 under the name Industrial Common Ownership Finance (ICOF) we offer loan finance to co-operatives, community owned businesses, social enterprises and employee owned firms.

We lend from our own funds and manage funds for a number of clients throughout the UK. We have finance available for asset purchase, working capital or bridging loans against guaranteed grants.

Contact: Alain Demontoux, Brunswick Court, Brunswick Square, St Pauls, Bristol, BS2 8PE
Tel: 0117 916 6750
email: info@co-opandcommunityfinance.coop
website: www.co-opandcommunityfinance.coop

CO-OPERATIVE ASSISTANCE NETWORK LTD

CAN has provided specialist development, training and consultancy for co-operatives, social enterprises and credit unions since 1989. CDA (BRAVE Ltd) uses CAN for additional capacity.

Training is developed in-house and includes short workshops to accredited courses for enterprise key workers and support professionals.

CAN advises on all aspects of setting up and running a successful enterprise, including:

- Enterprise Health Checks
- Feasibility Studies
- Project Monitoring & Evaluation
- Social Audit
- Business Succession
- Quality Assurance
- Research Studies and Policy Development

Contact: Brian Titley, The Coach House, 2 Upper York Street, St Pauls, Bristol, BS2 8QN
Tel: 08453 733616
email: brian@can.coop
website: www.can.coop

CO-OPERATIVE DEVELOPMENT AGENCY (BRAVE LTD)

In April 2002, the Co-operative development agency became an integral part of BRAVE Enterprise Agency Ltd. The CDA section retains its CDA identity and continues to specialise in Co-operative Development within the former Avon area. The CDA has helped hundreds of people set up co-operative or employee-owned businesses. They often work with people who have recently been made redundant, are unemployed or feel dissatisfied with their current job. Whatever the reason, the CDA provides practical advice and support to a growing number of people who have worked together in the past, share complementary skills and trust each other. They often find that an employee-owned business structure will enable them 'to go it alone' without any one person having to take all the responsibility. Most of the CDA's expert advice and practical support is free of

Types of Co-operatives:

Retailing and community Services

The co-operative movement began in the retail sector, with people pooling their earnings in order to buy unadulterated food wholesale. Since then, co-operatives have established a firm position in retailing. Consumer co-operatives are major operators of convenience shops, and the UK has numerous other co-operatively run shops from worker co-operatives selling whole foods, clothing, bikes and books, to community co-operatives owning and running pubs, village shops and post offices.



charge to people wishing to set up a co-operative or employee-owned business. For the many established co-operative businesses they can provide advice and support at charges tailored to meet the needs of the business. Why not give them a call?

Contact: Hilary Sudbury, The Coach House, 2 Upper York Street, St Pauls, Bristol, BS2 8QN
Tel: 0117 989 2536
email: info@avoncda.coop
website: www.avoncda.coop

CO-OPPORTUNITY LTD

Co-opportunity are specialists in providing information support services to social enterprises, local government & small private businesses. We design databases, accounting systems, and financial forecasting tools to meet the diverse needs of our clients. We create solutions to deliver all of your data analysis, reporting, and forecasting requirements in an accessible format that can record and analyse financial, non-financial, quantitative and qualitative data. Our on-the-job support will enable and empower you to manage and develop your own systems. Use our digital video, multimedia and website services to promote the profile of your organisation. Have a look at our website to see examples of our highly praised creative work.

Contact: Tim Blanc, Unit 59, Easton Business Centre Felix Road, Easton, BRISTOL, BS5 0HE
Tel: 0117 941 5345

email: info@coopportunity.org.uk
website: www.coopportunity.org.uk

THE CO-OP BANK

See full listing under: MONEY

TRIODOS BANK NV

See full listing under: MONEY

TURO TECHNOLOGY LLP

See full listing under: BUSINESS SERVICES

10 Housing & Neighbourhood Centres

BATH HOUSING CO-OPERATIVE LTD

Bath Housing Co-operative was founded in 1979 and initially housed its members exclusively in short-life property. During the 1990s, the co-operative also purchased four small properties and is currently looking forward to entering into direct leases of further properties with various local authorities. The membership comprises people who would find it difficult or even impossible to ever buy property on the open market and most of whom are not entitled to public housing. Currently, membership stands at around 12. Bath Housing Co-operative is controlled by Ordinary General Meetings and a Sub Committee

composed only of its members. Whilst maintaining its current short-life programmes, it aims to house all of its members in secure, long-term housing. Being a small co-op, vacancies do not arise very often, as members, once housed, tend to stay in co-op managed properties.

Contact: Gillie Plumridge, 5 Beckford Gardens, Bathwick, Bath, BA2 6QU

COG HOUSING CO-OPERATIVE LIMITED

Cog Housing Co-operative is based in Easton, Bristol and it aims:

1. To secure and maintain good quality, affordable, autonomous housing for rent.
2. To make its housing as environmentally sustainable as possible.
3. To remain a small-scale community organisation.

We bought our first house in June 2005, and have learned a lot about DIY since then! We currently house 4 members.

Contact: The Secretary, 5 Daisy Road, Easton, Bristol, BS5 6JS
Tel: 0117 951 1611
email: coghousingcoop@yahoo.co.uk

CO-HOUSING BRISTOL

We are a co-operative who aspire to be a mutually supportive, diverse, and socially inclusive community. We aim to balance the benefits of co-operative living with the needs of families and individuals. We will collectively build and manage an intentional neighborhood of homes which is socially, environmentally and financially sustainable.

Contact: Neil Whitehead, 32 Westminster Road, Whitehall, Bristol, BS5 9AW
Tel: 0117 9048611
email: nw007@blueyonder.co.uk
website: www.cohousingbristol.org.uk

ECOMOTIVE LTD

Information on sustainable and affordable selfbuild homes.

Contact:
email: info@ecomotive.org
website: www.ecomotive.org

ECOSULIS

See full listing under GOING GREEN

KEBELE COMMUNITY CO-OPERATIVE LIMITED

The Kebele Community Co-op exists to:

1. Provide a welcoming space within the local community that encourages mutual aid, empowerment, self-organisation, sustainability and resistance to oppression. It will do so by making available its resources, facilities & information, and through its own non-hierarchical, not-for-profit self-management.
2. To provide affordable, self-managed housing for co-op members, dependent on the co-op's available space, finances and agreement.

Contact: Natasha Machin, 14 Robertson Road, Easton, Bristol, BS5 6JY
Tel: 0117 9399469
email: kebelesocialcentre@riseup.net
website: www.kebelecoop.org

MINA HOUSING CO-OPERATIVE LTD

Members In Need of Accommodation (MINA) Housing co-operative was set up with the aims of providing self-managed housing for a small group of single people in Bristol. MINA Housing co-operative is non-profit-making, run voluntarily by its tenants through direct participation. In July 1999 MINA obtained a lease and took on management of a number of council flats. Tenants are responsible for day-to-day running of the Co-op including repairs, maintenance and administration. Currently working on a small scale with 8 tenants, MINA has recently completed the purchase of their building from Bristol City Council, and MINA is hoping to expand in the future, as well as make links with other housing and workers co-operatives in the Bristol area. MINA would be willing to provide help and advice to individuals or groups wishing to form housing Co-operatives, and would also be willing to take on properties to manage.

Contact: Lizzie Forder, 19H Mina Road, St Werburghs, Bristol, BS2 9TA
Tel: 0117 3770497
email: little_lizzi@hotmail.com

SOMEWHERE CO-OPERATIVE HOUSING ASSOCIATION

Somewhere Co-operative Housing Association was set up in the late 1970's by a group of people who were disillusioned with private rented accommodation and who wanted to take control of their housing conditions and to live co-operatively. We normally have around 17 housed member and sometimes a few non-housed members. The age range of those housed is from very young to over 60. Currently, the co-op owns two shared houses and five flats/maisonettes. These were all purchased and developed with public funding and are in the Southville, Bedminster and Knowle areas. Additionally we have a long lease on two houses owned by Bristol City Council. We manage all of these properties ourselves via regular evening meetings and by working in our own time. Our members have to be seriously committed to the idea of co-operative management. Gaining membership can take up to three months and is not linked to tenancy vacancies.

Contact: co-op members, 25 Dean Lane, Southville, Bristol, BS3 1DB
Tel: 0117 983 7485

STAMBROOK RESIDENTIAL MOBILE HOME PARK

The co-operative was set up in 2001 to maintain and operate the Stambrook Residential Mobile Home park site as a residential facility.

Contact: Colin Gray, Stambrook Park, 9 Steway Lane, Batheaston, Bath, BA1 7HR
Tel: 01225852811

WAY AHEAD - HOUSING AND SUPPORT FOR YOUNG PEOPLE

Wayahead provide housing and support for young people aged 16-25. By providing temporary shared and self-contained housing we offer appropriate support to enable young people to achieve their potential and independence. We also provide a floating support service to young people who have their own tenancies or in bed and breakfast accommodation across the city of Bristol.

Contact: Denise Tombs, Kingsley Hall, 59 Old Market Street, Old Market, Bristol, BS2 0ER
Tel: 0117 3178800
email: enquiries@wayaheadhousing.org
website: www.wayaheadhousing.org.uk

WINDSOR TERRACE HOUSING CO-OP

Tony and Randi fell in love with a five-storey listed Georgian house in Clifton, and wanted a way of investing their pension that would permanently provide affordable housing for a number of people, rather than merely eventually

swell the profits of an annuity company. Turning the house into a co-operative and registering it as a Community Interest Company seemed a good way of achieving this. We are currently lobbying the government to allow co-ops and social housing enterprises to operate SIPPs (Self Invested Pension Plans) to make ethically investing in social/community housing easier.

We have for the past three years been working at building up a shared vision, learning to live together and collaborate, taking on responsibilities and starting to build up capital strength together. At the moment we have 9 members living in 4 flats. We aim to expand into different residential properties as finances allow, with creative, healing and workshop facilities. The preserving and strengthening of community are a central part of our vision.

Contact: Jenny Spinner, 3 Windsor Terrace, Clifton, Bristol, BS8 4LW
Tel: 0117 9251788
email: jennyspinner@greenhealthwatch.com

11 In the Garden

EASTSIDE ROOTS

Eastside Roots is a workers co-op and community garden centre. They developed out of a Bristol Permaculture Group idea to provide a 'gardening hub' for the local community while at the same time rejuvenating a piece of derelict land in Easton and next to the Stapleton Road train station. They have rejuvenated the gardens next to Trinity Community Arts Centre through their regular volunteer workday on Thursdays, where they have grown a variety of plants, veg, fruit, flowers etc; saved seeds for next year; created beds, paths, rainwater collection system and they are also planning to build a low impact structure and peace garden. Eastside have also run a series of one off workshops (bench making, polytunnel construction, fruit tree pruning, compost loo construction, compost and wormeries) and the local Somali Community Centre has been giving great practical input too. There's plenty of opportunity to help out and to gain skills and knowledge

about horticulture and sustainable living and meet other like-minded people. Eastside Roots hold volunteer days at Stapleton Road from 10.30 - 4.30 every Tues, Wed and Friday and from 12-5 every Thursday at the Trinity garden.

Contact: Nick Ward, Trinity Community Arts Centre Trinity Road, Bristol, BS2 0NW
Tel: 07810 806 354
email: nickpanward@yahoo.co.uk

RIVERSIDE GARDEN CENTRE

See full listing under SHOPPING WITH A DIFFERENCE

12 Kids & Young People

BATH PARADE GUIDES

See full listing under LEISURE

BUDDIES & CO. LSK LIMITED

Buddies & Co. provide quality childcare to children from 4 to 11 years old. The service includes breakfast, holiday and after-school clubs. All staff are childcare qualified and provide activities ranging from sports to arts and crafts. Buddies & Co. follow the Government's 'healthy eating' programme, so all snacks provided are healthy and nutritional. Please contact for further information.

Contact: Sarah Smith, C/o Air Balloon Hill Infants School, Hillside Road, St George, Bristol, BS5 7PB
email: buddies307@yahoo.co.uk

IAP SERVICES LTD

See full listing under BUSINESS SERVICES

LITTLE RAINBOWS PRE-SCHOOL CIC

Little Rainbows Pre-School provides quality pre-school education to local children aged between two and five years, with a strong emphasis on learning through play.

Contact: Emma Duncan-Gibson, 172 Rodway Road, Patchway, Bristol, BS34 5ED
Tel: 0117 9048232
email: littlerainbows@blueyonder.co.uk
website: www.littlerainbows.ik.org

SPARKS CO-OPERATIVE

We provide a variety of play and daycare services for school aged children 4.5 to 14 years.

We provide an after school club term time in Sefton Park Youth Centre for children that attend Sefton Park Infants and Juniors and Fairfield Senior School. During the school holidays we run a full time holiday club in Sefton Park Junior School for all families in the local community.

For further details or to arrange a visit.

Contact: Carole Theyer, Sefton Park Youth Centre, Ashley Down Road, Bristol, BS7 9BG
Tel: 0117 9076443
email: enquiries@sparksinc.co.uk
website: www.sparks-inc.org

THE FOSTER CARE CO-OPERATIVE

The Foster Care Co-operative is an independent not for profit fostering agency offering quality placements to Bristol and neighbouring authorities. Children and young people are placed on a short or long-term placement and are supported by qualified and experienced socialworkers. The agency is building a strong and positive career group and is constantly looking to add to its numbers.

Contact: Jane Hardingham, Unit 56 Easton Business Centre, Felix Road, Easton, Bristol, BS5 0HE
Tel: 0800 0856538
email: duty@fostercarecooperative.co.uk
website: www.fostercarecooperative.co.uk

WAY AHEAD - HOUSING AND SUPPORT FOR YOUNG PEOPLE

See full listing under HOUSING AND NEIGHBOURHOOD CENTRES

13 Learning

BAKER BROWN ASSOCIATES

See full listing under HELP FOR CO-OPERATIVES

BEAUFORT BUREAU LTD

See full listing under BUSINESS SERVICES

BRISTOL FOLK HOUSE CO-OPERATIVE LTD

Garden and in-house café/bar open daily. Centrally located, the Bristol Folk House is a thriving co-operative offering an exciting programme of adult education courses and workshops run by local artists, published writers, professional dancers and musicians. There is something for everyone, from languages to wine tasting, yoga, songwriting and the very popular pottery. You are welcome to join the Co-op for a £6 annual fee and become part of a friendly and refreshing scene. Gardens and in-house organic cafe/bar open daily. Rooms to hire ideal for parties, receptions, business meetings etc. Music nights and art exhibitions. Discover the Folk House next time you're in town.

Contact: Tina Gray, 40a Park Street, Bristol, BS1 5JG
Tel: 0117 926 2987
email: info@bristolfolkhouse.co.uk
website: www.bristolfolkhouse.co.uk

BUDDIES & CO. LSK LIMITED

See full listing under KIDS & YOUNG PEOPLE

EASTSIDE ROOTS

See full listing under IN THE GARDEN

IAP SERVICES LTD

See full listing under BUSINESS SERVICES

JIGSAW CATERING CO-OPERATIVE

See full listing under FOOD, EATING & DRINKING

SPIKE PRINT STUDIO

See full listing under ART & DESIGN

14 Leisure

ATTIC FUSION THEATRE CO-OPERATIVE LTD

See full listing under ART & DESIGN

BATH FRINGE LTD

Taking place between May and June, Bath Fringe is one of the

Types of Co-operatives:

Care

Co-operative structures have a strong presence in social care. There are numerous childcare co-operatives, particularly worker co-operatives and multi stakeholder co-operatives with parents and professionals, as well as employees, eligible for membership. There are also co-operative consortia providing homecare services to the elderly and consortia of GPs providing quality out of hours care.



largest festivals of its kind in the UK. In venues, streets and parks all over the city the best local, national and even international performers come together in an explosion of artistic activity including music, theatre, visual arts, comedy, kids events, green events, and much more. See www.bathfringe.co.uk, Venue, and local press for more details.

Contact: Wendy Matthews, 103 Walcot Street, Bath, BA1 5BW Tel: 01225 480079 email: info@bathfringe.co.uk website: www.bathfringe.co.uk

BATH PARADE GUIDES

Bath Parade Guides (founded 1976) is a co-operative of 25 professional Blue Badge tour guides providing tours of Bath/Bristol, the Cotswolds and all points west. They offer:

- walking and coach tours
- introductory/highlight tours
- off the beaten track tours
- specialist tours
- tour planning, tour managers, transfer services
- tailored tours to suit your interests and time available

Bath Parade Guides can plan your tour, guide your tour, and make your tour the best possible. For further details, fees and bookings:

Contact: June Price, 11 Linden Gardens, Bath, BA1 2YB Tel: 01225 337111 email: bathparadeguides@yahoo.com

BRISTOL ROVERS SUPPORTERS SOCIETY LIMITED

Contact: BRISTOL ROVERS SUPPORTERS' SOCIETY LIMITED email: info@gastrust.org website: www.gastrust.org

CIRQUE IDYLIC

See full listing under: ART & DESIGN

GYNORMOUS RAWKUS

See full listing under: ART & DESIGN

THE CUBE

See full listing under: MEDIA AND PERFORMANCE

15 Media & Performance

ARTSPACELIFESPACE

See full listing under: ART & DESIGN

BATH FRINGE LTD

See full listing under: LEISURE

BRISTOL BROADBAND CO-OPERATIVE

A community internet radio service run by members and volunteers. We aim to achieve a genuine Bristol output in local news, local bands and local issues while also covering national and world news. Come along to a live show and make a contribution or pre-record a piece and send it to us. Lots of opportunities for aspiring radio producers, journalists and technicians with the possibility of becoming a member of the co-op. The live show is broadcast via the internet and also on B.C.FM. If you have any questions or just want more information, please get in touch.

Contact: Tony Gosling, 10-12 Picton Street, Montpellier, Bristol, BS6 5QA Tel: 0117 944 6219

BRISTOL FOLK HOUSE CO-OPERATIVE LTD

See full listing under: LEARNING

BRISTOL WIRELESS

Bristol Wireless is a community co-operative set up to develop a free-to-access broadband network with the emphasis on supplying ICT (Information and Communication technologies) that are relevant, permanent and affordable to communities that find themselves on the wrong side of the digital divide.

It sets out first and foremost to provide a local, high-speed wireless computer network to serve the immediate community and allow access to a high speed Internet connection for information and entertainment. Bristol Wireless seeks to create a digital environment built by local

people for local people. We have grant funded projects running across Bristol to supply people with free internet access through our network. Our product range includes broadband, open source migration for businesses and community groups, computer supply, VoIP consultation and Linux telephone support.

We offer recycled computers for just £50. The machines are Internet-ready allowing you surf the web safely without having to worry about viruses or spyware. Chat online using messaging software for MSN, Yahoo Chat and many others. Complete word processing and spreadsheets package, read and write all documents or spreadsheets formats. Powerful graphic design packages, which can be used to re-touch or crop images. Ideal for kids: contains several entertaining and educational games and parental control internet content filtering software.

Contact: Sam Rossitor, Bristol Wireless, Room 5, St Werburghs Centre Horley Rd, Bristol, BS2 9TJ Tel: 0117 3250067 email: info@bristolwireless.net website: www.bristolwireless.net

CO-OPPORTUNITY LTD

See full listing under: HELP FOR CO-OPERATIVES

SIT TIGHT RECORDS

An independent record label releasing hip hop and black music since 2001. The label is based in Bristol and has strong links to

London. Contact Sit Tight Records with Demos. Director Patrick Sheridan is happy to offer advice about the music industry as he knows it. Sit Tight Records has strong links to the club world in Bristol.

Contact: Patrick Sheridan, 60 Beaulieu Road, Southville, Bristol, BS3 1QF Tel: 01173042390 email: info@sittightrecords.co.uk website: www.sittightrecords.co.uk

THE CUBE

The Cube has been open since Oct 98 as an independent cinema and alternative art space hosting a selection of current art house releases, repertory films and special events such as innovative and interactive multi-media events. The cinema seats 105 and has a licensed bar. As a community based cinema we provide resources and exhibition to filmmakers, scriptwriters and animators as well as hire the venue to charities, special interest film, music and arts groups. We will sometimes consider corporate bookings. The Cube is run as a co-operative by volunteers, with a core team of 10 to 25 workers.

Contact: Co-op Members, 4 Princess Row, Bristol, BS2 8NQ Tel: 0117 907 4190 email: cubeadmin@microplex.cubecinema.com website: www.cubecinema.com

TURO TECHNOLOGY LLP

See full listing under: BUSINESS SERVICES

Types of Co-operatives: Energy

Co-operatives have been quick to create collective opportunities in sustainable energy production and supply. In 1996 Baywind Energy Co-operative formed, for example and established a wind farm in Cumbria entirely owned by its consumers, and subsequently established a company to set up co-operatively fun community wind farms across the UK.



17 Money

AVON & BRISTOL CO-OPERATIVE FINANCE LTD (ABCF)

See full listing under: HELP FOR CO-OPERATIVES

BRISTOL CITY CREDIT UNION LIMITED

Provides fair financial services for everyone in Bristol. They offer local, ethical savings accounts and affordable ways to borrow, along with benefits/wages accounts bill payments/budgeting and insurance. Current accounts will be available from November 2008. Also Child Trust Fund accounts, junior savers and much more. Join today for their friendly service and take control of your money with your premier local financial services co-operative.

Contact: BRISTOL CITY CREDIT UNION LIMITED, 112 Cheltenham Road, Bristol, BS6 5RW Tel: 0117 9247309 email: info@bristolcreditunion.org.uk website: www.bristolcreditunion.org

BRISTOL ENTERPRISE DEVELOPMENT FUND LTD

Provision of start-up and expansion loans for small businesses. Applicants must live or have their business within the area covered by the former County of Avon. Fixed-term loans are provided up to £7,500 for business start-ups and £15,000 for existing businesses that have been established for a minimum of 12 months and are able to produce trading accounts for 12 months.

Contact: Andrew Arthur/ Sarah Osborn, Unit 3, The Coach House, 2 Upper York Street, Bristol, BS2 8QN Tel: 0117 944 4700 email: info@bedf.co.uk website: www.bedf.co.uk

CO-OPERATIVE AND COMMUNITY FINANCE

See full listing under: HELP FOR CO-OPERATIVES

THE CO-OP BANK

THE CO-OPERATIVE BANK'S purpose is to be a growing, pioneering financial service business, delivering benefits to customers, members and communities through

commitment to value, fairness and social responsibility. Our vision is to be the UK's most admired financial service business.

The Bank has operated under a strict Ethical Policy for the last 15 years, and was the first UK financial institution to bring in such a policy. The Bank provides two accounts for social enterprises, Community Direct Plus and Co-operative Direct Plus. Both provide free banking, credit interest and a host of other benefits.

Contact: THE CO-OP BANK, PO Box 250, Skelmersdale, WN8 6WT Tel: 08457 215215 www.co-operativesdirectplus.coop

TRIDOS BANK NV

An ethical bank providing savings accounts for individuals and specialised banking facilities including loans, overdrafts, current accounts for charities, community groups, social businesses, environmental initiatives and investment banking services throughout the UK. Innovative approaches such as group guarantees and borrowing communities are used where appropriate. All Triodos loan projects are practical and well grounded initiatives dedicated to social aims that benefit the community, care for the environment and respect human freedom, helping to build a more sustainable future for all.

Contact: Sue Cooper, Brunel House, 11 The Promenade, Clifton, Bristol, BS8 3NN Tel: 0117 9739339 email: sue.cooper@tridos.co.uk website: www.tridos.co.uk

15 Shopping with a difference

AUTOQUIP

Autoquip provides car parts and accessories at competitive prices to the public and the trade with an hourly delivery service to the trade in Bristol, also 3 times daily service to trade in the Chew Valley area on the outskirts of Bristol. We provide services for the making of brake pipes, number plates, alarm fobs and the making up of paint whilst you wait (maybe longer at

weekends and very busy periods). The staff have a collective service of approx 55 yrs, and are friendly and helpful with a good knowledge of past and present vehicle parts.

We offer a discount scheme to fellow co-operative members, also to the trade and members of emergency services such as the fire brigade, police, ambulance and hospital staff.

Contact: Kevin Clay, 559 - 563 Fishponds Road, Fishponds, Bristol, BS16 3AF Tel: 0117 958 5555 email: autoquip@aol.com website: www.autoquip.uk.com

BATHFORD ENTERPRISE FOR ALL (BEFA) LTD

This community focused village shop stocks a range of value for money basics, plus a choice of organic and Fair trade produce and groceries. Food is sourced locally wherever possible. This is also a Fair trade coffee shop and local hand-made cards, arts and crafts.

Open 7 days a week, the shop is run by BEFA (Bathford Enterprise for All), a co-operative committed to supporting social enterprise activities which contribute towards sustaining the village community. Membership open to all at £10 a share.

Contact: Shop Manager, 54 Bathford Hill, Bathford, Bath, BA1 7SN Tel: 01225 859186

BISHOPSTON TRADING COMPANY

Bishopston Trading Company was set up in 1985 to create employment in the South Indian village of K.V. Kuppam and to strengthen the village's long link with Bishopston in Bristol. Its four shops in Bristol, Glastonbury, Totnes and Bradford-on-Avon sell clothes for adults and children made exclusively to their designs from Fairtrade certified organic cotton. These are made by a team of 460 skilled tailors, weavers and hand finishers in K.V. Kuppam. The fabric range includes handloom, knitted cotton, denim, calico and, in autumn, velvet and corduroy, all of which is organic. There is an online shop and four mail order catalogues a year. Profits are used to benefit the people of K.V. Kuppam.

Contact: Carolyn Whitwell, 193 Gloucester Rd, Bishopston, Bristol, BS7 8BG Tel: 0117 924 5598 email: info@bishopstontrading.co.uk website: www.bishopstontrading.co.uk

BLAZE STUDIOS

See full listing under: ART & DESIGN



Bishopston Trading Company

CO-OP GROUP (CWS LTD)

The Co-operative Group is the UK's largest consumer co-operative. We operate food stores, The Co-operative Bank, CIS, Travelcare, Funeralcare, Co-op Pharmacy and farms. We're different because:

- We have values and principles which underpin how we do business
- We're owned by our members who share in our profits and influence the decisions we make.

Our social goals are as important as our commercial ones and our size and breadth gives a clear message that co-operatives can lead the way in business.

Contact: Andrew North, Regional Membership Team (South West) Limesfield, Broad Road, Dulford, Cullompton, EX15 2DY
Tel: 01884 266892
email: membership.southwest@co-operative.coop
website: www.co-operative.coop

DK CO-OPERATIVE

See full listing under: ART & DESIGN

FOOD FOR ALL - HARTCLIFFE FOOD CO-OPERATIVE

See full listing under: FOOD, EATING AND DRINKING

FOREST OF AVON WOOD PRODUCTS CO-OPERATIVE

See full listing under: GOING GREEN

HARVEST NATURAL FOODS (BATH)

Bath's famous vegetarian wholefood co-operative, opened in 1971 and since then has been supplying the West Country with an enormous range of guaranteed non-GM produce, from organic fruit, vegetables and dairy to environmentally-friendly nappies, gluten free foods and Organic wines and beers. The Bath shop features a vegetarian delicatessen with fresh rolls daily as well as quality olives, savories and cakes. Opening hours 9.00am to 6.00pm Monday to Saturday.

Contact: Co-op Members, 37 Wolcot Street, Bath, BA1 5BN

Tel: 01225 465519
email: info@harvest-bath.coop

HARVEST NATURAL FOODS (BRISTOL)

Harvest's famous vegetarian wholefood co-operative opened in 1971 and since then has been supplying the West Country with an enormous range of guaranteed GM-free produce, from organic fruit, vegetables and dairy to gel-free nappies, gluten free foods and Organic wines, beers and spirits.

The Bristol shop on Gloucester Road now features a vegetarian delicatessen with fresh rolls daily as well as quality olives, savories and cakes. Opening hours 9.00am to 6.00pm Monday to Saturday.

Contact: Co-op Members, 11 Gloucester Road, Bristol, BS7 8AA
Tel: 0117 942 5997
email: info@harvest-bristol.coop

HERE SHOP

See full listing under: ART & DESIGN

NEALS YARD REMEDIES (BATH) CO-OPERATIVE LTD

The only Neal's Yard Remedies to be owned and operated as a co-operative was opened in 2001. The retail shop sells natural medicines, organic cosmetics, essential oils and books. The emphasis is on organically grown, good quality materials, a strong ethical policy ensures that the business runs true to its ideals. The well informed staff assist customers in purchasing natural medicines. For customers seeking professional help with their health the treatment rooms offer acupuncture, massage, herbal medicine, homeopathy and several other therapies. We run a program of educational workshops on health issues: shiatsu, herbal remedies for children, natural alternatives to HRT, and make your own cosmetics.

A state of the art ecologically sound building has been built on a 12 acre site in Dorset: the decentralisation from London houses the manufacturing and distribution side of the business.

Contact: Amanda Lewis, 7 Northumberland Place, Bath, BA1 5AR

Tel: 01225 466944
email: info@nyrbath.co.uk
website: www.nealsyardremedies.com

POTTERS

Our co-operative of more than thirty craft potters and ceramic artists displays the widest range of handmade ceramics in Britain. Because we also take turns serving in the shop, you will find that we know and appreciate what we sell and can offer excellent value.

We sell tableware, sculpture, mirrors, vases, clocks, jewellery, garden pots, ornaments, lamps and commemorative ware. We can arrange for items to be designed and made on commission and sell gift vouchers as well. We also are committed to informing the public about the art and craft of ceramics, welcoming inquiries about courses, etc.

Open Tuesday to Saturday 10-5.30 and most Mondays. Email us to be put on our e-news list for notification of events and special sales.

Contact: Margaret Crump, 9 Perry Road, Bristol, BS1 5BQ
Tel: 0117 330 8445
email: margcrump@aol.com
website: www.pottersbristol.com

RADSTOCK CO-OPERATIVE SOCIETY LTD

Radstock Co-operative Society Ltd is a small consumer co-operative, which was established in Radstock, Somerset in 1868. The Society operates a superstore in Radstock, featuring a wide range of fresh foods, plants and flowers, groceries and frozen foods. It also offers a

diverse range of non-food items including electrical items, furniture and housewares, textiles, and a wide range of clothing. In addition, there are 6 convenience shops based in surrounding villages in the area. The society runs a free shoppers' delivery service from the Radstock store. The society also owns and operates an organic dairy farm, which supplies a substantial part of the required milk to manufacture our Co-operative organic cheddar cheese, made by award winning cheese manufacturers, Wyke Farms of Bruton. The Society, being owned and controlled by its membership of local people, remains very close to its local communities and constantly seeks to develop and improve its service to customers.

Contact: Vicki Przytocki, Co-operative House, 3 Wells Hill, Radstock, BA3 3RQ
Tel: 01761 431555
Website: www.radstock-co-op.co.uk

RIVERSIDE GARDEN CENTRE

In Bristol's sunny Cumberland Basin, Riverside Garden Centre offers the city's best range of beautiful, healthy plants. Panoramic views and award-winning architecture provide a unique and relaxed atmosphere, with knowledgeable staff on hand to help. The vegetarian café is open all day, with indoor and outdoor seating and there's a play area to keep the kids amused.

Contact: Debbie Buffery, Riverside Clift House Road, Southville, Bristol, BS3 1RX
Tel: 0800 037 5796
email: info@riversidegardencentre.com
website: www.riversidegardencentre.com

A

- A Clean Sweep Co-Operative Ltd 03
- Art And Power (Community Arts Project) Ltd 01
- Artspacelivespace 01
- Attic Fusion Theatre Co-Operative Ltd 01
- Autoquip 10
- Avon & Bristol Co-Operative Finance Ltd (ABCF) 05
- Avon Country Market Society Limited 03

B

- Baker Brown Associates 06
- Bath Fringe Ltd 08
- Bath Housing Co-Operative Ltd 06
- Bath Parade Guides 09
- Bathford Enterprise For All (BEFA) Ltd 10
- Beaufort Bureau Ltd 03
- Bishopston Trading Company 10
- Blaze Studios 01
- Bristol Broadband Co-Operative 09
- Bristol City Credit Union Limited 10
- Bristol Enterprise Development Fund Ltd 10
- Bristol IT Co-Op 03
- Bristol Folk House Co-Operative Ltd 08
- Bristol Rovers Supporters Society Limited 09
- Bristol Streamline Taxis Ltd 05
- Bristol Wireless 09
- Buddies & Co. LSK Limited 08

C

- Café Kino 03
- Car Share Club Limited 05
- Centrespace Gallery 01
- Centrespace Studios Co-Operative 01
- Cirque Idyllic 01
- COG Housing Co-Operative Limited 07
- Co-Housing Bristol 07
- Co-op Bank 10
- Co-op Group (CWS Ltd) 11
- Co-operative & Community Finance 06
- Co-operative Assistance Network Ltd 06
- Co-operative Development Agency (Brave Ltd) 06
- Co-opportunity Ltd 06
- Cube, The 09

D

- DK Co-operative 01

E

- Eastside Roots 08
- Ecomotive Ltd 07
- Ecosulis 05
- Essential Trading Co-Operative Ltd 04

F

- Farmhouse Cheesemakers Limited 04
- Food For All - Hartcliffe Food Co-Operative 04
- Forest Of Avon Wood Products Co-Operative 05

F

- The Foster Care Co-Operative 08
- Foundation For Local Food Initiatives (F3) 04

G

- Green Arts Network 01
- Gynormous Rawkus 02

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- Harvest Natural Foods (Bristol) 11
- Here Shop 02
- Houseproud (Serendipity Co-Op Ltd) 03

I

- IAP Services Ltd 03

J

- Jigsaw Catering Co-Operative 04

K

- Kebele Community Co-Operative Limited 07

L

- Little Rainbows Pre-School CIC 08
- London Road Food Co-Op 04
- Mina Housing Co-operative Ltd 07

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- Neals Yard Remedies (Bath) Co-Operative Ltd 11

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- Out Of Print Cards 02
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- Slipway Co-Operative Ltd 03
- Somewhere Co-operative Housing Association 07
- Snap 02
- Sparks Co-Operative 08
- Spike Print Studio 02
- Stambrook Residential Mobile Home Park 07
- Steal From Work 02
- Stokes Croft Studios 02

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- Triodos Bank NV 10
- Turo Technology LLP 03

W

- Way Ahead - Housing and Support For Young People 07
- Windsor Terrace Housing Co-Op 07
- Woodland Co-op Ltd 05



Printed using vegetable oil based inks

Types of Co-operatives:
Printing and Design

Workers Co-operatives have a long tradition of working in printing, design and communications. Some of the most successful and long-standing workers co-operatives operate in these industries.



Essential Trading Co-operative



Folk House Co-operative

There are many good reasons why people set up Co-operatives



Autoquip

‘ We decided right from the start that the way forward for us was to become an employee owned co-operative, Three members of staff went through the buyout process, with the CDA providing help at all stages. ’

Autoquip.



Blaze Studios



Bishopston Trading Company

‘ CDA (BRAVE Ltd) have steered us through critical points in our development and provided a stable point of reference. ’

Blaze Studios.

‘ We feel that being a co-operative is the ideal company set up for an organisation with fair-trade and ethical trading at its core. ’

Bishopston Trading Company.



Sit Tight Records

‘ Sit Tight Records would not have become a workers co-operative without the help of the CDA. Becoming a workers co-operative suited the model of business we already aspired to be. It gave us a structure and legitimacy that wasn't there before. ’

Sit Tight Records.

Micall Parknsun who has recorded for Sit Tight Records. Picture courtesy of Hacker.

There's one good way to find out more...

Call us on **0117 989 2536**, email info@avoncda.coop
or go to our website at www.avoncda.coop

CDA (Brave Ltd), The Coach House, 2 Upper York Street, Bristol, BS2 8QN

